

Timetable

Below are three suggested timetable options depending on cohort

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Total Hours
Evening (Suitable For Teens)	1.5 hours (45 mins per lesson)	1.5 hours (45 mins per lesson)	1.5 hours (45 mins per lesson)	1.5 hours (45 mins per lesson)	1.5 hours (45 mins per lesson)			7.5 hours
Morning (Suitable for Females)				3.5 hours (45 mins per lesson)	3.5 hours (45 mins per lesson)			7 hours
Weekend (Suitable for Adults & University students)						3.5 hours (45 mins per lesson)	3.5 hours (45 mins per lesson)	7 hours

36 Weeks
(per year)

2 Years